

Course Title: Activities for the Mentally Retarded

Course Number: ICC 11^f ^ rnt^

Course Description:

This course is designed to give the student the functional skills to interact with the mentally retarded, individually or in groups, utilizing goal-directed activities. Included will be physical activities, music, individual exercises, recreation and leisure-time activities. Each one of the activities involves an element of choice. The objectives of the course are to provide the student with the opportunity to participate in activities which are meaningful and enjoyable. The course is designed to provide the student with the opportunity to participate in activities which are meaningful and enjoyable. The course is designed to provide the student with the opportunity to participate in activities which are meaningful and enjoyable.

Course Objectives:

1. At the end of this course the student will be able to involve the retarded individual, in a variety of activities\*
2. At the end of the course the student will be able to modify a specific activity to meet the limitations of individual or a group.
3. The student will understand the need and philosophy for leisure-time and recreational activities.
4. The student will be able to select an activity which would be appropriate to the individual's ability and interests.

Areas to be Covered:

1. Philosophy
2. Developmental Patterns
3. Music Activities
4. Language Activities
5. Physical Activities
6. Outdoor Recreation

Evaluation:

1. Regular attendance and participation in class.
2. Responsible for all hand-outs and materials.
3. Each student will be responsible for several research topics which will be presented to the class. These topics will include modification of activities for the

retarded and a demonstration of practice. Emphasis  
will be on adaptability and appropriateness.

*h.* There will be mid-term and final examinations.

5. A grade of A, B, C, or I will be awarded.